



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Heidrich, Volker

Club: TG Gross-Karben
Number: 307

Course: 21.10 km
Halbmarathon

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:59:06

Speed: 10.63 km/h
Running performance: 5:38 min/km

Rank in course/Total: 116 (of 156)

Rank in course/Men: 100 (of 124)

Best time in course: 1:19:21

Rank in category: 4(of 4)

Best time in the category: 1:31:00