



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Beigel, Mirko

Club: Pokalhelden
Number: 200

Course: 21.10 km
Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:00:58

Speed: 10.42 km/h
Running performance: 5:44 min/km

Rank in course/Total: 125 (of 156)

Rank in course/Men: 105 (of 124)

Best time in course: 1:19:21

Rank in category: 13(of 15)

Best time in the category: 1:26:03