



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Koehler, Michael

Club: Hochheim am Main
Number: 213

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:02:03

Speed: 10.37 km/h
Running performance: 5:47 min/km

Rank in course/Total: 128 (of 156)

Rank in course/Men: 106 (of 124)

Best time in course: 1:19:21

Rank in category: 15(of 16)

Best time in the category: 1:26:37