



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

**Kettenuß, Anke**

Club: Rüsselsheim  
Number: 269

Course: 21.10 km  
Halbmarathon

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 2:17:27

Speed: 9.21 km/h  
Running performance: 6:31 min/km

Rank in course/Total: 154 (of 156)

Rank in course/Women: 31 (of 32)

Best time in course: 1:26:13

Rank in category: 3(of 3)

Best time in the category: 2:05:56