



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Zieringer, Markus

Club: Offenbach

Number: 386

Course: 3.00 km

3,0 km - Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 13:57

Speed: 12.90 km/h

Running performance: 4:39 min/km

Rank in course/Total: 9 (of 24)

Rank in course/Men: 8 (of 13)

Best time in course: 11:23

Rank in category: 2(of 2)

Best time in the category: 12:49