



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

**Carstens, Jakob**

Club: Bad Vilbel

Number: 870

Course: 1.50 km

1,5 km - Lauf

Category:

Jungen

Total time: 6:53

Speed: 8.72 km/h

Running performance: 4:35 min/km

Rank in course/Total: 2 (of 20)

Rank in course/Men: 1 (of 8)

Best time in course: 6:53

Rank in category: 1(of 8)

Best time in the category: 6:53