



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Ahlborn, Alexandra

Club: Karben
Number: 1090

Course: 5.30 km
Jedermannlauf

Category:
Frauen

Total time: 37:26

Speed: 8.01 km/h
Running performance: 7:04 min/km

Rank in course/Total: 40 (of 44)
Rank in course/Women: 16 (of 20)

Best time in course: 29:14

Rank in category: 16(of 20)
Best time in the category: 29:14