



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Seibert, Petra

Club: Spiridon Frankfurt
Number: 805

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 42:58

Speed: 13.96 km/h
Running performance: 4:18 min/km

Rank in course/Total: 15 (of 146)

Rank in course/Women: 2 (of 35)

Best time in course: 42:20

Rank in category: 1(of 4)

Best time in the category: 42:58