



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Roidl, Wolfgang

Club: Karben/Rendel
Number: 694

Course: 10.00 km
10 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 43:47

Speed: 13.70 km/h
Running performance: 4:23 min/km

Rank in course/Total: 21 (of 146)

Rank in course/Men: 18 (of 111)

Best time in course: 35:06

Rank in category: 4(of 10)

Best time in the category: 39:15