



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Herbst, Stefan

Club: Sportverein Fun-Ball Dortelweil  
Number: 724

Course: 10.00 km  
10 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 44:28

Speed: 13.49 km/h

Running performance: 4:27 min/km

Rank in course/Total: 24 (of 146)

Rank in course/Men: 21 (of 111)

Best time in course: 35:06

Rank in category: 3(of 22)

Best time in the category: 41:53