



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Schander, Sebastian

Club: MTV Kronberg
Number: 834

Course: 10.00 km
10 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 44:55

Speed: 13.36 km/h
Running performance: 4:29 min/km

Rank in course/Total: 27 (of 146)

Rank in course/Men: 24 (of 111)

Best time in course: 35:06

Rank in category: 3(of 10)

Best time in the category: 35:06