



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Meinert, Ingo

Club: SG Obererlenbach  
Number: 799

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 45:21

Speed: 13.23 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 32 (of 146)

Rank in course/Men: 29 (of 111)

Best time in course: 35:06

Rank in category: 3(of 14)

Best time in the category: 36:06