



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Bourros, Georg

Club: Eintracht Frankfurt Triathlon
Number: 830

Course: 10.00 km
10 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 46:38

Speed: 12.87 km/h
Running performance: 4:40 min/km

Rank in course/Total: 34 (of 146)

Rank in course/Men: 31 (of 111)

Best time in course: 35:06

Rank in category: 3(of 12)

Best time in the category: 43:44