



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Traue, Alfred

Club: BELC 89 Frankfurt
Number: 749

Course: 10.00 km
10 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 46:42

Speed: 12.85 km/h
Running performance: 4:40 min/km

Rank in course/Total: 37 (of 146)

Rank in course/Men: 34 (of 111)

Best time in course: 35:06

Rank in category: 1(of 9)

Best time in the category: 46:42