



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Göhns, Marco

Club: Frankfurt

Number: 706

Course: 10.00 km

10 km - Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 46:58

Speed: 12.78 km/h

Running performance: 4:42 min/km

Rank in course/Total: 39 (of 146)

Rank in course/Men: 36 (of 111)

Best time in course: 35:06

Rank in category: 6(of 10)

Best time in the category: 35:06