



24. Karbener Stadtlauf
Klein-Karben / 11.08.2013

Detailed evaluation

Arz, Stephanus

Club: KSV

Number: 802

Course: 10.00 km

10 km - Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 47:28

Speed: 12.64 km/h

Running performance: 4:45 min/km

Rank in course/Total: 44 (of 146)

Rank in course/Men: 41 (of 111)

Best time in course: 35:06

Rank in category: 5(of 12)

Best time in the category: 43:44