



24. Karbener Stadtlauf  
Klein-Karben / 11.08.2013

Detailed evaluation

Hommel, Sören

Club: Belc 89 Frankfurt  
Number: 835

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 47:42

Speed: 12.58 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 49 (of 146)

Rank in course/Men: 46 (of 111)

Best time in course: 35:06

Rank in category: 7(of 10)

Best time in the category: 35:06