



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

Detailed evaluation

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Club: Dubai Creek Striders

Number: 233

Course: 160.90 km

100MeilenBerlin

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 23:41:27

Speed: 6.79 km/h

Running performance: 8:50 min/km

Rank in course/Total: 94 (of 221)

Rank in course/Women: 10 (of 28)

Best time in course: 17:13:09

Rank in category: 3(of 3)

Best time in the category: 18:42:31

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| km 6,28 Gedenk | 6.28 | 50:07 | 7:58 | 3 | 10:51 | 25 | 10:51 | 6.28 | 50:07 | 7:58 | 3 | 10:51 | 25 | 10:51 |
| km 11,32 Behms | 5.04 | 36:18 | 7:12 | 3 | 8:39 | 21 | 9:11 | 11.32 | 1:26:25 | 7:38 | 3 | 19:30 | 27 | 19:57 |
| km 22,10 Lübars | 10.78 | 1:21:19 | 7:32 | 3 | 22:00 | 19 | 22:00 | 22.10 | 2:47:44 | 7:35 | 3 | 41:30 | 23 | 41:30 |
| km 32,52 Naturs | 10.42 | 1:27:43 | 8:25 | 3 | 25:14 | 25 | 25:53 | 32.52 | 4:15:27 | 7:51 | 3 | 1:06:03 | 24 | 1:06:56 |
| km 43,36 Ruderc | 10.84 | 1:30:50 | 8:22 | 3 | 22:57 | 14 | 24:43 | 43.36 | 5:46:17 | 7:59 | 3 | 1:28:57 | 19 | 1:31:39 |
| km 55,35 Schönv | 11.99 | 1:26:52 | 7:14 | 3 | 11:52 | 9 | 11:52 | 55.35 | 7:13:09 | 7:49 | 3 | 1:40:17 | 15 | 1:42:51 |
| km 68,07 Garten | 12.72 | 1:42:52 | 8:05 | 3 | 20:13 | 8 | 21:23 | 68.07 | 8:56:01 | 7:52 | 3 | 2:00:30 | 12 | 2:04:14 |
| km 80,53 Schloß | 12.46 | 1:46:44 | 8:33 | 3 | 23:30 | 5 | 27:40 | 80.53 | 10:42:45 | 7:58 | 3 | 2:24:00 | 10 | 2:31:54 |
| km 99,65 Geden | 19.12 | 2:38:37 | 8:17 | 3 | 33:19 | 10 | 42:17 | 99.65 | 13:21:22 | 8:02 | 3 | 2:43:21 | 10 | 3:08:45 |
| km 112,75 Sport | 13.10 | 2:00:27 | 9:11 | 3 | 28:07 | 7 | 28:36 | 112.75 | 15:21:49 | 8:10 | 3 | 3:03:36 | 10 | 3:37:21 |
| km 124,92 Lichte | 12.17 | 2:08:04 | 10:31 | 3 | 31:08 | 13 | 43:05 | 124.92 | 17:29:53 | 8:24 | 3 | 3:33:23 | 10 | 4:20:26 |
| km 134,98 Buck | 10.06 | 1:38:23 | 9:46 | 3 | 24:33 | 11 | 34:02 | 134.98 | 19:08:16 | 8:30 | 3 | 3:54:59 | 10 | 4:54:28 |
| Test | 9.89 | 1:41:12 | 10:13 | 3 | 21:16 | 8 | 29:03 | 144.87 | 20:49:28 | 8:37 | 3 | 4:16:15 | 9 | 5:23:31 |
| Stadion Lobeckst | 16.01 | 2:51:59 | 10:44 | 3 | 42:41 | 11 | 1:04:47 | 160.90 | 23:41:27 | 8:50 | 3 | 4:58:56 | 10 | 6:28:18 |