



# 100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

## Detailed evaluation

**Intini, Vito**

Club: ASD Amatori Putignano

Number: 247

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 17:53:12

Speed: 8.95 km/h

Running performance: 6:40 min/km

Rank in course/Total: 5 (of 221)

Rank in course/Men: 4 (of 193)

Best time in course: 15:53:45

Rank in category: 1(of 35)

Best time in the category: 17:53:12

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| km 6,28 Gedenk:    | 6.28     | 36:13      | 5:46         | 1           | -           | 11      | 2:53       | 6.28          | 36:13      | 5:46         | 1        | -           | 11      | 2:53       |
| km 11,32 Behms     | 5.04     | 39:08      | 7:45         | 35          | 12:02       | 187     | 14:26      | 11.32         | 1:15:21    | 6:39         | 23       | 9:18        | 109     | 17:19      |
| km 22,10 Lübars    | 10.78    | 1:08:03    | 6:18         | 18          | 11:20       | 77      | 17:07      | 22.10         | 2:23:24    | 6:29         | 20       | 17:31       | 84      | 30:13      |
| km 32,52 Naturs    | 10.42    | 1:01:29    | 5:54         | 5           | 5:12        | 27      | 9:43       | 32.52         | 3:24:53    | 6:18         | 13       | 22:43       | 61      | 35:23      |
| km 43,36 Ruderc    | 10.84    | 1:17:58    | 7:11         | 16          | 18:12       | 79      | 25:10      | 43.36         | 4:42:51    | 6:31         | 15       | 39:17       | 66      | 58:40      |
| km 55,35 Schönv    | 11.99    | 1:07:23    | 5:37         | 3           | 1:44        | 11      | 7:06       | 55.35         | 5:50:14    | 6:19         | 11       | 39:41       | 47      | 1:05:46    |
| km 68,07 Garten    | 12.72    | 1:28:43    | 6:58         | 5           | 13:17       | 30      | 15:46      | 68.07         | 7:18:57    | 6:26         | 9        | 52:24       | 38      | 1:20:48    |
| km 80,53 Schloß    | 12.46    | 1:22:53    | 6:39         | 3           | 5:51        | 11      | 11:50      | 80.53         | 8:41:50    | 6:28         | 6        | 58:15       | 31      | 1:24:42    |
| km 99,65 Geden     | 19.12    | 1:53:03    | 5:54         | 1           | -           | 5       | 8:20       | 99.65         | 10:34:53   | 6:22         | 3        | 39:04       | 16      | 1:19:51    |
| km 112,75 Sport    | 13.10    | 1:27:39    | 6:41         | 1           | -           | 5       | 1:20:47    | 112.75        | 12:02:32   | 6:24         | 3        | 12:07       | 11      | 1:26:03    |
| km 124,92 Lichte   | 12.17    | 1:36:53    | 7:57         | 2           | 1:25        | 10      | 18:07      | 124.92        | 13:39:25   | 6:33         | 1        | -           | 8       | 1:42:35    |
| km 134,98 Buck     | 10.06    | 1:11:31    | 7:06         | 1           | -           | 3       | 14:02      | 134.98        | 14:50:56   | 6:36         | 1        | -           | 7       | 1:50:13    |
| Test               | 9.89     | 1:08:54    | 6:57         | 1           | -           | 2       | 6:07       | 144.87        | 15:59:50   | 6:37         | 1        | -           | 5       | 1:55:57    |
| Stadion Lobeckst   | 16.01    | 1:53:22    | 7:04         | 1           | -           | 2       | 3:30       | 160.90        | 17:53:12   | 6:40         | 1        | -           | 4       | 1:59:27    |