100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

Detailed evaluation

Hülse, Renate

Club: LG DUV
Number: 24

Course: 160.90 km
100MeilenBerlin

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 29:23:21

Speed: 5.47 km/h
Running performance: 10:58 min/km

Rank in course/Total: 174 (of 221)
Rank in course/Women: 22 (of 28)
Best time in course: 17:13:09

Rank in category: 3(of 5)
Best time in the category: 25:39:16

Intermediate times

Control	Stage score							Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
km 6,28 Gedenk	6.28	44:10	7:01	2	0:24	11	4:54	6.28	44:10	7:01	2	0:24	11	4:54
km 11,32 Behms	5.04	33:24	6:37	1	-	9	6:17	11.32	1:17:34	6:51	1	-	9	11:06
km 22,10 Lübars	10.78	1:19:54	7:24	2	1:49	16	20:35	22.10	2:37:28	7:07	1	-	13	31:14
km 32,52 Naturs	10.42	1:34:24	9:03	5	14:19	28	32:34	32.52	4:11:52	7:44	3	10:00	23	1:03:21
km 43,36 Ruderc	10.84	1:43:09	9:30	4	16:06	26	37:02	43.36	5:55:01	8:11	3	26:06	25	1:40:23
km 55,35 Schönv	11.99	1:46:02	8:50	4	8:16	22	31:02	55.35	7:41:03	8:19	4	29:25	26	2:10:45
km 68,07 Garten	12.72	2:33:30	12:04	5	43:15	27	1:12:01	68.07	10:14:33	9:01	5	1:08:38	27	3:22:46
km 80,53 Schloß	12.46	2:08:29	10:18	3	8:48	17	49:25	80.53	12:23:02	9:13	4	1:17:26	23	4:12:11
km 99,65 Geden	19.12	3:30:46	11:01	4	22:01	22	1:34:26	99.65	15:53:48	9:34	3	1:15:16	22	5:41:11
km 112,75 Sport	13.10	3:07:03	14:16	4	46:54	22	1:35:12	112.75	19:00:51	10:07	3	2:02:10	20	7:16:23
km 124,92 Lichte	12.17	2:23:55	11:49	3	19:28	19	58:56	124.92	21:24:46	10:17	3	2:21:38	20	8:15:19
km 134,98 Buckc	10.06	2:09:18	12:51	3	26:15	21	1:04:57	134.98	23:34:04	10:28	3	2:47:53	21	9:20:16
Test	9.89	2:15:58	13:44	3	13:59	21	1:03:49	144.87	25:50:02	10:41	3	3:01:52	22	10:24:05
Stadion Lobecksl	16.01	3:33:19	13:19	3	42:13	21	1:46:07	160.90	29:23:21	10:57	3	3:44:05	22	12:10:12