100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

Detailed evaluation

Bogaert, Johan

Club: AC Denderland
Number: 212

Course: 160.90 km
100MeilenBerlin

Category:
Senioren M50 (50-54 Jahre)

Total time: 19:28:56

Speed: 8.26 km/h
Running performance: 7:16 min/km

Rank in course/Total: 18 (of 221)

Rank in course/Men: 15 (of 193)

Best time in course: 15:53:45

Rank in category: 5(of 52)

Best time in the category: 18:08:24

Intermediate times

Control	Split km	Split Time	Split min/km	Stage score: Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total ranking: Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
km 6,28 Gedenks	6.28	36:52	5:52	10	0:40	29	3:32	6.28	36:52	5:52	10	0:40	29	3:32
km 11,32 Behms	5.04	32:44	6:29	22	4:55	111	8:02	11.32	1:09:36	6:08	8	2:53	45	11:34
km 22,10 Lübars	10.78	58:23	5:24	5	2:36	18	7:27	22.10	2:07:59	5:47	5	3:40	29	14:48
km 32,52 Naturs	10.42	1:02:54	6:02	10	5:16	41	11:08	32.52	3:10:53	5:52	8	8:26	32	21:23
km 43,36 Ruderc	10.84	1:03:15	5:50	6	3:12	18	10:27	43.36	4:14:08	5:51	6	11:12	22	29:57
km 55,35 Schönv	11.99	1:09:18	5:46	2	2:08	14	9:01	55.35	5:23:26	5:50	5	13:20	20	38:58
km 68,07 Garten	12.72	1:22:59	6:31	3	2:10	17	10:02	68.07	6:46:25	5:58	5	15:30	17	48:16
km 80,53 Schloß	12.46	1:29:22	7:10	7	8:27	27	18:19	80.53	8:15:47	6:09	5	23:57	16	58:39
km 99,65 Geden	19.12	2:16:20	7:07	6	12:42	22	31:37	99.65	10:32:07	6:20	4	36:39	14	1:17:05
km 112,75 Sport	13.10	1:46:52	8:09	4	13:25	20	1:40:00	112.75	12:18:59	6:33	4	50:04	16	1:42:30
km 124,92 Lichte	12.17	1:51:01	9:07	7	25:32	28	32:15	124.92	14:10:00	6:48	4	1:07:01	16	2:13:10
km 134,98 Buckc	10.06	1:18:45	7:49	4	1:44	18	21:16	134.98	15:28:45	6:52	4	54:42	13	2:28:02
Test	9.89	1:33:45	9:28	7	13:04	22	30:58	144.87	17:02:30	7:03	4	1:02:58	14	2:58:37
Stadion Lobecksf	16.01	2:26:26	9:08	15	24:51	36	36:34	160.90	19:28:56	7:15	5	1:20:32	15	3:35:11