



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

Detailed evaluation

Schwitter, Daniel

Club: LSV Basel

Number: 167

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M40 (40-44 Jahre)

Total time: 20:21:01

Speed: 7.86 km/h

Running performance: 7:35 min/km

Rank in course/Total: 25 (of 221)

Rank in course/Men: 22 (of 193)

Best time in course: 15:53:45

Rank in category: 5(of 33)

Best time in the category: 15:53:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
km 6,28 Gedenk:	6.28	36:13	5:46	3	2:53	11	2:53	6.28	36:13	5:46	3	2:53	11	2:53
km 11,32 Behms	5.04	30:29	6:02	15	5:47	55	5:47	11.32	1:06:42	5:53	2	8:40	7	8:40
km 22,10 Lübars	10.78	54:33	5:03	1	-	4	3:37	22.10	2:01:15	5:29	2	8:04	6	8:04
km 32,52 Naturs	10.42	54:42	5:14	1	-	4	2:56	32.52	2:55:57	5:24	2	6:27	5	6:27
km 43,36 Ruderc	10.84	59:11	5:27	3	0:42	6	6:23	43.36	3:55:08	5:25	2	5:21	5	10:57
km 55,35 Schönv	11.99	1:06:58	5:35	4	3:45	8	6:41	55.35	5:02:06	5:27	2	3:31	5	17:38
km 68,07 Garten	12.72	1:22:33	6:29	3	9:36	14	9:36	68.07	6:24:39	5:39	3	3:10	6	26:30
km 80,53 Schloß	12.46	1:18:31	6:18	4	7:10	7	7:28	80.53	7:43:10	5:45	3	10:20	6	26:02
km 99,65 Geden	19.12	1:53:45	5:56	3	3:19	6	9:02	99.65	9:36:55	5:47	3	13:39	6	21:53
km 112,75 Sport	13.10	2:38:07	12:04	28	1:19:59	129	2:31:15	112.75	12:15:02	6:31	4	1:30:11	15	1:38:33
km 124,92 Lichte	12.17	1:35:22	7:50	2	16:36	7	16:36	124.92	13:50:24	6:38	3	1:46:47	12	1:53:34
km 134,98 Buck	10.06	1:48:52	10:49	23	51:23	111	51:23	134.98	15:39:16	6:57	3	2:38:10	15	2:38:33
Test	9.89	1:48:03	10:55	13	45:16	67	45:16	144.87	17:27:19	7:13	3	3:23:26	19	3:23:26
Stadion Lobeckst	16.01	2:53:42	10:50	17	1:03:50	84	1:03:50	160.90	20:21:01	7:35	5	4:27:16	22	4:27:16