



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

Detailed evaluation

Horschig, Kai

Club: TSG Schopfheim

Number: 138

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 20:54:34

Speed: 7.65 km/h

Running performance: 7:48 min/km

Rank in course/Total: 32 (of 221)

Rank in course/Men: 28 (of 193)

Best time in course: 15:53:45

Rank in category: 4(of 35)

Best time in the category: 17:53:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
km 6,28 Gedenk:	6.28	36:38	5:49	4	27	0:25	3:18	6.28	36:38	5:49	4	27	0:25	3:18
km 11,32 Behms	5.04	32:32	6:27	21	105	5:26	7:50	11.32	1:09:10	6:06	10	41	3:07	11:08
km 22,10 Lübars	10.78	56:43	5:15	1	10	-	5:47	22.10	2:05:53	5:41	1	12	-	12:42
km 32,52 Naturs	10.42	56:17	5:24	1	7	-	4:31	32.52	3:02:10	5:36	1	9	-	12:40
km 43,36 Ruderc	10.84	1:03:18	5:50	3	19	3:32	10:30	43.36	4:05:28	5:39	2	14	1:54	21:17
km 55,35 Schönv	11.99	1:05:39	5:28	1	5	-	5:22	55.35	5:11:07	5:37	2	12	0:34	26:39
km 68,07 Garten	12.72	1:15:26	5:55	1	4	-	2:29	68.07	6:26:33	5:40	1	7	-	28:24
km 80,53 Schloß	12.46	1:17:02	6:10	1	5	-	5:59	80.53	7:43:35	5:45	1	8	-	26:27
km 99,65 Geden	19.12	2:12:14	6:54	5	19	19:11	27:31	99.65	9:55:49	5:58	1	8	-	40:47
km 112,75 Sport	13.10	1:54:36	8:44	11	49	26:57	1:47:44	112.75	11:50:25	6:18	1	6	-	1:13:56
km 124,92 Lichte	12.17	1:59:59	9:51	9	42	24:31	41:13	124.92	13:50:24	6:38	2	12	10:59	1:53:34
km 134,98 Buck	10.06	1:48:56	10:49	18	112	37:25	51:27	134.98	15:39:20	6:57	3	17	48:24	2:38:37
Test	9.89	2:01:07	12:14	15	103	52:13	58:20	144.87	17:40:27	7:19	3	22	1:40:37	3:36:34
Stadion Lobeckst	16.01	3:14:07	12:07	20	129	1:20:45	1:24:15	160.90	20:54:34	7:47	4	28	3:01:22	5:00:49