



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

Detailed evaluation

Kohlsdorf, Detlef

Club: LG Neuruppin

Number: 149

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M50 (50-54 Jahre)

Total time: 20:58:51

Speed: 7.67 km/h

Running performance: 7:49 min/km

Rank in course/Total: 34 (of 221)

Rank in course/Men: 30 (of 193)

Best time in course: 15:53:45

Rank in category: 10(of 52)

Best time in the category: 18:08:24

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| km 6,28 Gedenk: | 6.28 | 36:21 | 5:47 | 6 | 0:09 | 19 | 3:01 | 6.28 | 36:21 | 5:47 | 6 | 0:09 | 19 | 3:01 |
| km 11,32 Behms | 5.04 | 33:34 | 6:39 | 26 | 5:45 | 118 | 8:52 | 11.32 | 1:09:55 | 6:10 | 11 | 3:12 | 48 | 11:53 |
| km 22,10 Lübars | 10.78 | 1:00:43 | 5:37 | 9 | 4:56 | 33 | 9:47 | 22.10 | 2:10:38 | 5:54 | 10 | 6:19 | 37 | 17:27 |
| km 32,52 Naturs | 10.42 | 1:01:20 | 5:53 | 7 | 3:42 | 25 | 9:34 | 32.52 | 3:11:58 | 5:54 | 9 | 9:31 | 35 | 22:28 |
| km 43,36 Ruderc | 10.84 | 1:04:46 | 5:58 | 7 | 4:43 | 23 | 11:58 | 43.36 | 4:16:44 | 5:55 | 9 | 13:48 | 31 | 32:33 |
| km 55,35 Schönv | 11.99 | 1:11:59 | 6:00 | 6 | 4:49 | 23 | 11:42 | 55.35 | 5:28:43 | 5:56 | 7 | 18:37 | 25 | 44:15 |
| km 68,07 Garten | 12.72 | 1:32:17 | 7:15 | 10 | 11:28 | 38 | 19:20 | 68.07 | 7:01:00 | 6:11 | 8 | 30:05 | 27 | 1:02:51 |
| km 80,53 Schloß | 12.46 | 1:40:53 | 8:05 | 13 | 19:58 | 55 | 29:50 | 80.53 | 8:41:53 | 6:28 | 8 | 50:03 | 32 | 1:24:45 |
| km 99,65 Geden | 19.12 | 2:34:35 | 8:05 | 16 | 30:57 | 63 | 49:52 | 99.65 | 11:16:28 | 6:47 | 9 | 1:21:00 | 33 | 2:01:26 |
| km 112,75 Sport | 13.10 | 2:03:03 | 9:23 | 20 | 29:36 | 75 | 1:56:11 | 112.75 | 13:19:31 | 7:05 | 9 | 1:50:36 | 37 | 2:43:02 |
| km 124,92 Lichte | 12.17 | 2:36:38 | 12:52 | 37 | 1:11:09 | 142 | 1:17:52 | 124.92 | 15:56:09 | 7:39 | 10 | 2:53:10 | 47 | 3:59:19 |
| km 134,98 Buck | 10.06 | 1:30:42 | 9:00 | 14 | 13:41 | 49 | 33:13 | 134.98 | 17:26:51 | 7:45 | 11 | 2:52:48 | 46 | 4:26:08 |
| Test | 9.89 | 1:30:25 | 9:08 | 5 | 9:44 | 18 | 27:38 | 144.87 | 18:57:16 | 7:51 | 11 | 2:57:44 | 41 | 4:53:23 |
| Stadion Lobeckst | 16.01 | 2:01:35 | 7:35 | 1 | - | 7 | 11:43 | 160.90 | 20:58:51 | 7:49 | 10 | 2:50:27 | 30 | 5:05:06 |