



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

Detailed evaluation

Lange, André

Club: www.chiemsee-ultramarathon.de

Number: 27

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M40 (40-44 Jahre)

Total time: 21:28:28

Speed: 7.45 km/h

Running performance: 8:01 min/km

Rank in course/Total: 45 (of 221)

Rank in course/Men: 39 (of 193)

Best time in course: 15:53:45

Rank in category: 8(of 33)

Best time in the category: 15:53:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men			
km 6,28 Gedenk:	6.28	43:00	6:50	22	99	9:40	9:40	6.28	43:00	6:50	22	99	9:40	9:40	22	99	9:40
km 11,32 Behms	5.04	29:17	5:48	10	31	4:35	4:35	11.32	1:12:17	6:23	17	73	14:15	14:15	17	73	14:15
km 22,10 Lübars	10.78	1:06:07	6:07	15	63	11:34	15:11	22.10	2:18:24	6:15	16	67	25:13	25:13	16	67	25:13
km 32,52 Naturs	10.42	1:06:15	6:21	12	51	11:33	14:29	32.52	3:24:39	6:17	14	58	35:09	35:09	14	58	35:09
km 43,36 Ruderc	10.84	1:09:55	6:26	8	39	11:26	17:07	43.36	4:34:34	6:19	12	51	44:47	50:23	12	51	50:23
km 55,35 Schönv	11.99	1:19:51	6:39	13	50	16:38	19:34	55.35	5:54:25	6:24	12	50	55:50	1:09:57	12	50	1:09:57
km 68,07 Garten	12.72	1:29:18	7:01	9	31	16:21	16:21	68.07	7:23:43	6:31	12	43	1:02:14	1:25:34	12	43	1:25:34
km 80,53 Schloß	12.46	1:40:19	8:03	13	52	28:58	29:16	80.53	9:04:02	6:45	12	45	1:31:12	1:46:54	12	45	1:46:54
km 99,65 Geden	19.12	2:25:39	7:37	11	39	35:13	40:56	99.65	11:29:41	6:55	11	38	2:06:25	2:14:39	11	38	2:14:39
km 112,75 Sport	13.10	1:55:58	8:51	13	57	37:50	1:49:06	112.75	13:25:39	7:08	11	38	2:40:48	2:49:10	11	38	2:49:10
km 124,92 Lichte	12.17	2:01:58	10:01	11	52	43:12	43:12	124.92	15:27:37	7:25	10	37	3:24:00	3:30:47	10	37	3:30:47
km 134,98 Buck	10.06	1:35:05	9:27	14	71	37:36	37:36	134.98	17:02:42	7:34	10	38	4:01:36	4:01:59	10	38	4:01:59
Test	9.89	1:42:46	10:23	10	48	39:59	39:59	144.87	18:45:28	7:46	9	36	4:41:35	4:41:35	9	36	4:41:35
Stadion Lobeckst	16.01	2:43:00	10:10	13	61	53:08	53:08	160.90	21:28:28	8:00	8	39	5:34:43	5:34:43	8	39	5:34:43