



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

Detailed evaluation

Franz, Oliver

Club: LG Mauerweg Berlin e.V

Number: 51

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 21:34:12

Speed: 7.42 km/h

Running performance: 8:02 min/km

Rank in course/Total: 47 (of 221)

Rank in course/Men: 41 (of 193)

Best time in course: 15:53:45

Rank in category: 8(of 35)

Best time in the category: 17:53:12

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| km 6,28 Gedenk | 6.28 | 41:13 | 6:33 | 13 | 5:00 | 56 | 7:53 | 6.28 | 41:13 | 6:33 | 13 | 5:00 | 56 | 7:53 |
| km 11,32 Behms | 5.04 | 28:55 | 5:44 | 8 | 1:49 | 23 | 4:13 | 11.32 | 1:10:08 | 6:11 | 12 | 4:05 | 49 | 12:06 |
| km 22,10 Lübars | 10.78 | 1:07:00 | 6:12 | 15 | 10:17 | 70 | 16:04 | 22.10 | 2:17:08 | 6:12 | 14 | 11:15 | 60 | 23:57 |
| km 32,52 Naturs | 10.42 | 1:08:50 | 6:36 | 16 | 12:33 | 66 | 17:04 | 32.52 | 3:25:58 | 6:20 | 14 | 23:48 | 65 | 36:28 |
| km 43,36 Ruderc | 10.84 | 1:21:13 | 7:29 | 20 | 21:27 | 95 | 28:25 | 43.36 | 4:47:11 | 6:37 | 17 | 43:37 | 72 | 1:03:00 |
| km 55,35 Schönv | 11.99 | 1:20:19 | 6:41 | 13 | 14:40 | 52 | 20:02 | 55.35 | 6:07:30 | 6:38 | 16 | 56:57 | 63 | 1:23:02 |
| km 68,07 Garten | 12.72 | 1:35:11 | 7:28 | 11 | 19:45 | 48 | 22:14 | 68.07 | 7:42:41 | 6:47 | 16 | 1:16:08 | 59 | 1:44:32 |
| km 80,53 Schloß | 12.46 | 2:06:01 | 10:06 | 22 | 48:59 | 132 | 54:58 | 80.53 | 9:48:42 | 7:18 | 18 | 2:05:07 | 76 | 2:31:34 |
| km 99,65 Geden | 19.12 | 2:22:32 | 7:27 | 6 | 29:29 | 30 | 37:49 | 99.65 | 12:11:14 | 7:20 | 16 | 2:15:25 | 64 | 2:56:12 |
| km 112,75 Sport | 13.10 | 1:54:38 | 8:45 | 12 | 26:59 | 50 | 1:47:46 | 112.75 | 14:05:52 | 7:30 | 12 | 2:15:27 | 58 | 3:29:23 |
| km 124,92 Lichte | 12.17 | 2:06:22 | 10:23 | 12 | 30:54 | 63 | 47:36 | 124.92 | 16:12:14 | 7:46 | 12 | 2:32:49 | 55 | 4:15:24 |
| km 134,98 Buck | 10.06 | 1:27:43 | 8:43 | 9 | 16:12 | 38 | 30:14 | 134.98 | 17:39:57 | 7:51 | 12 | 2:49:01 | 56 | 4:39:14 |
| Test | 9.89 | 1:35:33 | 9:39 | 6 | 26:39 | 26 | 32:46 | 144.87 | 19:15:30 | 7:58 | 10 | 3:15:40 | 48 | 5:11:37 |
| Stadion Lobeckst | 16.01 | 2:18:42 | 8:39 | 4 | 25:20 | 24 | 28:50 | 160.90 | 21:34:12 | 8:02 | 8 | 3:41:00 | 41 | 5:40:27 |