



10. Werraenergie Pleßlauf  
Breitungen / 18.08.2013

Detailed evaluation

**Berndt, Irene**

Club: Bad Salzungen  
Number: 486

Course: 10.50 km  
Nordic Walking kurz

Category:  
Nordic Walking Frauen

Total time: 1:35:48

Speed: 6.58 km/h  
Running performance: 9:07 min/km

Rank in course/Total: 9 (of 13)

Rank in course/Women: 7 (of 10)

Best time in course: 1:26:20

Rank in category: 7(of 10)

Best time in the category: 1:26:20