



10. Werraenergie Pleßlauf
Breitungen / 18.08.2013

Detailed evaluation

Michl, Ramona

Club: Sportteam Steinbach Meiningen
Number: 442

Course: 10.50 km
10 km Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 50:27

Speed: 11.89 km/h
Running performance: 4:48 min/km

Rank in course/Total: 34 (of 127)

Rank in course/Women: 5 (of 36)

Best time in course: 47:44

Rank in category: 1(of 6)

Best time in the category: 50:27