



10. Werraenergie Pleßlauf  
Breitungen / 18.08.2013

Detailed evaluation

Janta-Lipinska, Justyna

Club: Bytow  
Number: 406

Course: 10.50 km  
10 km Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 51:21

Speed: 11.68 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 39 (of 127)

Rank in course/Women: 6 (of 36)

Best time in course: 47:44

Rank in category: 2(of 7)

Best time in the category: 47:44