



10. Werraenergie Pleßlauf  
Breitungen / 18.08.2013

Detailed evaluation

**Glazik, Dariusz**

Club: Bytow  
Number: 400

Course: 10.50 km  
10 km Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 51:23

Speed: 11.68 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 40 (of 127)

Rank in course/Men: 34 (of 91)

Best time in course: 40:21

Rank in category: 1(of 6)

Best time in the category: 51:23