



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Enge, Uwe

Club: TSG Ruhla RSV03

Number: 503

Course: 10.50 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 52:02

Speed: 11.53 km/h

Running performance: 4:58 min/km

Rank in course/Total: 42 (of 127)

Rank in course/Men: 36 (of 91)

Best time in course: 40:21

Rank in category: 2(of 10)

Best time in the category: 44:20