



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Krauß, Raimund

Club: Eula

Number: 476

Course: 10.50 km

10 km Lauf

Category:

Senioren M70 (70-74 Jahre)

Total time: 52:18

Speed: 11.47 km/h

Running performance: 4:59 min/km

Rank in course/Total: 44 (of 127)

Rank in course/Men: 38 (of 91)

Best time in course: 40:21

Rank in category: 1(of 2)

Best time in the category: 52:18