



10. Werraenergie Pleßlauf
Breitungen / 18.08.2013

Detailed evaluation

Winkler, Heinz-Jörg

Club: Nofretete e.V.
Number: 429

Course: 10.50 km
10 km Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 52:29

Speed: 11.43 km/h
Running performance: 5:00 min/km

Rank in course/Total: 45 (of 127)

Rank in course/Men: 39 (of 91)

Best time in course: 40:21

Rank in category: 6(of 10)

Best time in the category: 44:47