



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Henning, Jürgen

Club: Faulungen

Number: 531

Course: 10.50 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 52:35

Speed: 11.41 km/h

Running performance: 5:01 min/km

Rank in course/Total: 46 (of 127)

Rank in course/Men: 40 (of 91)

Best time in course: 40:21

Rank in category: 3(of 10)

Best time in the category: 44:20