



10. Werraenergie Pleßlauf
Breitungen / 18.08.2013

Detailed evaluation

Dressel, Christian

Club: Meininger on Tour
Number: 411

Course: 10.50 km
10 km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 54:30

Speed: 11.01 km/h
Running performance: 5:11 min/km

Rank in course/Total: 58 (of 127)

Rank in course/Men: 51 (of 91)

Best time in course: 40:21

Rank in category: 8(of 9)

Best time in the category: 41:12