



10. Werraenergie Pleßlauf
Breitungen / 18.08.2013

Detailed evaluation

Göcking, Thomas

Club: Wartburg-Sparkasse
Number: 544

Course: 10.50 km
10 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 54:54

Speed: 10.93 km/h
Running performance: 5:14 min/km

Rank in course/Total: 61 (of 127)

Rank in course/Men: 54 (of 91)

Best time in course: 40:21

Rank in category: 10(of 12)

Best time in the category: 45:50