



10. Werraenergie Pleßlauf  
Breitungen / 18.08.2013

Detailed evaluation

**Temmler, Matthias**

Club: SV Normania Treffurt  
Number: 479

Course: 10.50 km  
10 km Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 52:41

Speed: 11.39 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 48 (of 127)

Rank in course/Men: 42 (of 91)

Best time in course: 40:21

Rank in category: 4(of 10)

Best time in the category: 44:20