



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Brinkmann, Lars

Club: Meiningen

Number: 507

Course: 10.50 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 57:32

Speed: 10.43 km/h

Running performance: 5:29 min/km

Rank in course/Total: 78 (of 127)

Rank in course/Men: 67 (of 91)

Best time in course: 40:21

Rank in category: 6(of 6)

Best time in the category: 51:23