



10. Werraenergie Pleßlauf  
Breitungen / 18.08.2013

Detailed evaluation

Rathmann, Jens

Club: SV Schmalkalden04  
Number: 527

Course: 10.50 km  
10 km Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 57:39

Speed: 10.93 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 79 (of 127)

Rank in course/Men: 68 (of 91)

Best time in course: 40:21

Rank in category: 13(of 17)

Best time in the category: 44:20