



## 10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

### Detailed evaluation

**Rommel, Robert**

Club: Niederschmalkalden

Number: 500

Course: 10.50 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 58:37

Speed: 10.24 km/h

Running performance: 5:35 min/km

Rank in course/Total: 86 (of 127)

Rank in course/Men: 70 (of 91)

Best time in course: 40:21

Rank in category: 9(of 9)

Best time in the category: 41:12