



10. Werraenergie Pleßlauf
Breitungen / 18.08.2013

Detailed evaluation

Käppler, Gerd

Club: SV Normania Treffurt
Number: 425

Course: 10.50 km
10 km Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 57:03

Speed: 10.52 km/h
Running performance: 5:26 min/km

Rank in course/Total: 75 (of 127)

Rank in course/Men: 64 (of 91)

Best time in course: 40:21

Rank in category: 6(of 10)

Best time in the category: 44:20