



10. Werraenergie Pleßlauf
Breitungen / 18.08.2013

Detailed evaluation

Andrä, Mario

Club: Lauffreß Breitungen
Number: 473

Course: 10.50 km
10 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 50:30

Speed: 11.88 km/h
Running performance: 4:49 min/km

Rank in course/Total: 35 (of 127)

Rank in course/Men: 30 (of 91)

Best time in course: 40:21

Rank in category: 6(of 12)

Best time in the category: 45:50