



## 10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

### Detailed evaluation

**Temmler, Silke**

Club: SV Normania Treffurt

Number: 481

Course: 10.50 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 59:59

Speed: 10.00 km/h

Running performance: 5:43 min/km

Rank in course/Total: 89 (of 127)

Rank in course/Women: 17 (of 36)

Best time in course: 47:44

Rank in category: 3(of 5)

Best time in the category: 56:50