



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Fütterer, Friedbert

Club: SV1887Gernrode e.V.

Number: 469

Course: 10.50 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:00:00

Speed: 10.00 km/h

Running performance: 5:43 min/km

Rank in course/Total: 90 (of 127)

Rank in course/Men: 73 (of 91)

Best time in course: 40:21

Rank in category: 3(of 7)

Best time in the category: 49:58