



10. Werraenergie Pleßlauf
Breitungen / 18.08.2013

Detailed evaluation

Hennig, Bernhard

Club: SV Mihla
Number: 434

Course: 10.50 km
10 km Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:00:11

Speed: 9.97 km/h
Running performance: 5:44 min/km

Rank in course/Total: 91 (of 127)

Rank in course/Men: 74 (of 91)

Best time in course: 40:21

Rank in category: 3(of 4)

Best time in the category: 54:24