



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Kreyer, Gunter

Club: VS Nohra

Number: 502

Course: 10.50 km

10 km Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:00:36

Speed: 9.90 km/h

Running performance: 5:46 min/km

Rank in course/Total: 93 (of 127)

Rank in course/Men: 76 (of 91)

Best time in course: 40:21

Rank in category: 4(of 4)

Best time in the category: 54:24