



10. Werraenergie Pleßlauf
Breitungen / 18.08.2013

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer
Number: 472

Course: 10.50 km
10 km Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:01:02

Speed: 9.83 km/h
Running performance: 5:49 min/km

Rank in course/Total: 96 (of 127)
Rank in course/Women: 18 (of 36)
Best time in course: 47:44

Rank in category: 4(of 6)
Best time in the category: 50:27