



10. Werraenergie Pleßlauf

Breitungen / 18.08.2013

Detailed evaluation

Görlach, Folker

Club: Hainichläufer Mühlhausen

Number: 436

Course: 10.50 km

10 km Lauf

Category:

Senioren M70 (70-74 Jahre)

Total time: 1:01:30

Speed: 10.24 km/h

Running performance: 5:52 min/km

Rank in course/Total: 99 (of 127)

Rank in course/Men: 80 (of 91)

Best time in course: 40:21

Rank in category: 2(of 2)

Best time in the category: 52:18