



10. Werraenergie Pleißlauf

Breitungen / 18.08.2013

Detailed evaluation

Bing, Katrin

Club: Rhöner WSV

Number: 445

Course: 10.50 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:03:20

Speed: 9.47 km/h

Running performance: 6:02 min/km

Rank in course/Total: 107 (of 127)

Rank in course/Women: 22 (of 36)

Best time in course: 47:44

Rank in category: 5(of 5)

Best time in the category: 56:50