



10. Werraenergie Pleßlauf  
Breitungen / 18.08.2013

Detailed evaluation

Steiner, Christina

Club: TSV Beinerstadt  
Number: 470

Course: 10.50 km  
10 km Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:05:23

Speed: 9.18 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 115 (of 127)

Rank in course/Women: 29 (of 36)

Best time in course: 47:44

Rank in category: 4(of 8)

Best time in the category: 49:34